

## Summit Support Office

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## Testimonials

*"the computer courses were very informative as well as up to date. The teachers were always eager to assist as well as friendly and well equipped to help you in every way. It is without reservation that I give Summit College my highest recommendation."*

- R. H. (student)

## National Aboriginal Day: June 21

June 21 is National Aboriginal Day in Canada.

On this day, Canadians far and wide recognize and celebrate the unique cultures and outstanding contributions of **First Nations, Inuit** and **Métis** to Canada and the world. The *Canadian Constitution* recognizes these groups as Aboriginal, or Indigenous peoples. While having several similarities between them, each group also has a distinct heritage, languages, and cultural traditions.



For generations, Indigenous peoples have celebrated their culture and heritage on or near June 21, due to the significance of the summer solstice as the longest day of the year.

The history of Aboriginal peoples in Canada is rich and diverse and stretches back thousands of years—before the arrival of European settlers.



The history of First Nations, Inuit and Métis in Canada is the very history of Canada itself, as Indigenous peoples have played fundamental roles in our country's development and its future.

Over 10,000 Aboriginal soldiers served valiantly, distinguishing themselves as talented and capable fighters, in every major battle, including the War of 1812 and World War I, beside Canadian troops. Hundreds were wounded or lost their lives on foreign battlefields. Many were awarded medals for their courage and heroism.

In 1996, in cooperation with Indigenous organizations, the Government of Canada officially chose June 21, the summer solstice, as National Aboriginal Day.

**National Aboriginal Day** forms part of the *Celebrate Canada* program, that also includes *Canadian Multiculturalism Day* (June 27) and *Canada Day* (July 1).

## Chicken Biryani — with saffron, cardamom, chili and fresh mint



### Cooking Instructions:

- 1) Marinate chicken in yogurt, turmeric, chili, salt, at least 30 minutes (up to overnight)
- 2) Heat oil in heavy saucepan over medium heat. Add cardamom pods and cumin seeds and fry 30 sec. Add in onion and fry 5 min. Add in diced tomatoes and fry 3 min. Stir in tomato paste and fry 2 min. Stir in green chilies and ginger/garlic paste for another minute.
- 3) Stir in ground coriander and marinated chicken, mixing well. Cook chicken mixture for 5 min. to seal chicken pieces. Season to taste.
- 4) Cover chicken and lower heat to simmer with lid on for 5 min. Mix in peas and/or corn if using. Stir chicken halfway through cooking to ensure it doesn't stick to bottom of pan. Add 50 ml of water if mixture is too thick.
- 5) Take pan off heat and layer half the cooked rice over the chicken. Add half the saffron garnish on top of the rice. Layer the rest of the rice on top along with the rest of the saffron garnish.
- 6) Put lid back on pan and return to stove. Reduce heat to low for 5 min. Turn heat off and allow biryani to rest 10 min.
- 7) Serve chicken biryani warm with a side of cool cucumber raita. Garnish biryani with thinly sliced bell peppers, toasted cashews, and

### Ingredients:

- 300 gm cooked Basmati rice (and cooled)
- 600 gm boneless chicken cut into bite-size pieces
- 3 Tbsp Greek yogurt
- ½ tsp ground turmeric
- ¼ tsp mild chili powder
- 3-4 Tbsp vegetable oil
- 4 whole green cardamom pods (seeds intact)
- 1 tsp cumin seeds
- 200 gm onion, sliced
- 160 gm diced tomatoes
- 1 Tbsp tomato paste
- 2 green chilies sliced lengthwise
- 1 Tbsp ginger & garlic paste (1" piece peeled ginger & 4 garlic cloves—mashed)
- 1 tsp ground coriander
- Salt to taste

### Saffron Garnish (for layering over rice)

- Generous pinch of saffron soaked in warm milk
- ½ tsp garam masala
- 2 Tbsp fresh mint leaves, chopped
- 2 Tbsp fresh coriander leaves, chopped

# SUMMIT COLLEGE

Academic & Career Studies

1119 Fennell Avenue East, Suite 228  
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**SUMMIT COLLEGE** is a Canadian-owned accredited career college, registered with the Ministry of Advanced Education and Skills Development, that has been instrumental in helping adults succeed in rewarding career paths since 2001.

Our programs are relevant to today's high demand jobs and are offered at eight campuses across southern Ontario. Our students succeed because of our learning-centred model powered by humanist principles that respect every person as a whole. Accordingly, our unique teaching approaches are customized to optimize learning and increase your chances for success in the workplace.

Whether you are interested in Medical Office Administration, Customer Service, Retail Sales, Office Administration, or Security Guard training, or just want to upgrade your academic or job skills, we can help you get the education and certification you need to start your career today.

*Fuel lifelong success by empowering people with skills and awareness to reach higher personal potential.*

## How to be a Graduate with a Difference

Students create memorable impressions in many ways. However, they are also predictable and always ask two questions when meeting employers at career fairs: "What type of graduate are you looking for?" and "How many jobs do you have available?"

What type of student does an employer look for? There are many answers – an employer may require good interpersonal skills, a team player, a self-motivator, someone who is analytical or able to see problems and find solutions... My response to this question was to invite applications from those who can demonstrate a 'differential'. Without sounding disrespectful, students possessing the skills listed above are in abundance. I was looking for **someone who stands out in a crowd – someone who can demonstrate their differential. This graduate has that little bit of magic that suggests they have the potential to add value in the organization.**

When confronted with my reply, the majority of students presented a blank expression, politely thanked me for my time and moved on. For others, they would embrace the point of difference and engage accordingly. These were the students I wanted to meet.

Students genuinely believe that it is easier to be offered a role by an organization that has more vacancies. It may be more probable, but it's not always easier. Why would an organization hiring 100 graduates amend their standards to fill vacancy one compared with vacancy one hundred?

My answer to this was to challenge the candidate to focus on just one application – their own. The number of vacancies or applications do not matter. **It is far more important that candidates submit the strongest application they can.**

Why? The reality is that there are thousands of graduates entering the job market each year. Employers offer limited graduate jobs – i.e. an accelerated job development program that presents the student with challenges and placements, but offers a robust career development journey resulting in the reward of a senior level appointments, usually within 5 years of joining the company. This should not be confused with jobs that can be filled.

Supply clearly outstrips demand This is one reason why employers set high standards to attract the strongest talent possible for their organization. This doesn't always mean the most academically-gifted students, but the ones who can **demonstrate the value they will offer and effectively differentiate themselves.**

Compare applying for a job to a race or competition. Recruiters attract thousands of applications from candidates. In many cases, it is the survival of the fittest. What steps will an athlete take during training to finish first? What steps will a candidate take during the application process to receive an offer from an employer?

Candidates who progress, invest their time in hobbies, interests, work experience, and articulate the value from their investment to show how they will become valuable members of the team. **Recruiters don't recruit for the present, they recruit talent for the future, creating a talent pipeline and a succession plan.** The information provided by the candidate can predict their potential in the organization. It is therefore crucial that students not undervalue their involvement in extracurricular activities. They should be celebrated and their achievements shared.



Hobbies, interests, work experiences and society memberships illustrate personal development. This creates interest and is often the point of difference that an employer is seeking to advance the employee to the next stage of the process.

Review the value created in your activities. **Think about examples where activities have resulted in creating income, reducing costs, or improving processes.** This may seem immaterial, but employers are keen about these scenarios as they may be relevant to their environment.

For students who successfully act upon this, the reward of internships and work placements with desired employers can become a reality. **Perform well in an internship and job offers can follow.** This is a fantastic position to be in and one that the point for creating a differential.

- Edited article by Simon Pollard, Commercial Director at Smart Resourcing Solutions

## Referral Rewards Program for Summit College Students

We value our students and want them to succeed — in their studies, in the workplace, and in life.

To show our appreciation, we are launching a new rewards program: a gift certificate worth up to \$800 toward tuition for a Summit College diploma program for new students, and a \$200 referral award for current students.

A sample of this rewards certificate is displayed here. Contact us for details by email at [Guelph@SummitCollege.ca](mailto:Guelph@SummitCollege.ca), or by telephone at 519.767.5576.

 <p><b>SUMMIT COLLEGE</b> Academic &amp; Career Studies</p> <p><b>GUELPH CAMPUS</b> 650 Woodlawn Road West Unit 5A Guelph, ON N1K 1B8 Guelph@SummitCollege.ca Tel: 519.767.5576</p> <p><b>SUPPORT OFFICE</b> Toll-free: 1.877.262.2289 www.SummitCollege.ca</p>	<h3>Student Appreciation Gift</h3> <p>This certificate entitles the following friend or family member:</p> <p>_____</p> <p>to 10% off tuition for a 2017 Summit College diploma program.</p> <p>Referral by: _____</p> <p><i>Fuel lifelong success by empowering people with skills and awareness to reach higher personal potential.</i></p> <p>Authorized by: _____ Expiry Date: _____</p> <p><small>Certificate value up to \$800. Not redeemable for cash. Referring student receives \$200 referral award.</small></p>
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